

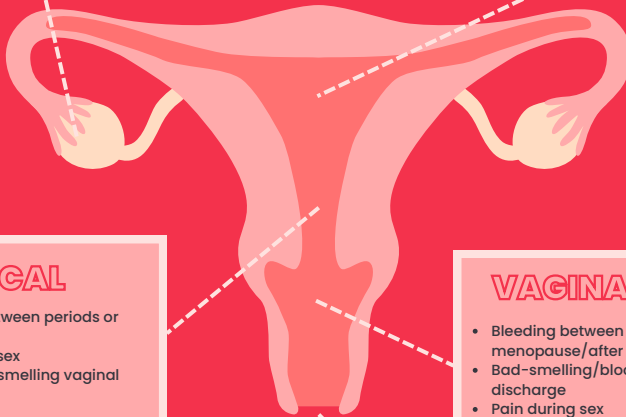
DO YOU KNOW THE SIGNS AND SYMPTOMS OF THE 5 GYNAE CANCERS?

OVARIAN

- Persistent bloating
- Persistent pelvic/abdominal pain
- Difficulty eating/feeling full quickly, or feeling nauseous
- Change in bowel habits
- Needing to urinate more

WOMB

- Bleeding in between periods after heavy menopause or after sex
- Heavier periods
- Vaginal discharge - pink/watery/brown/prune colour



CERVICAL

- Bleeding between periods or after sex
- Pain during sex
- Unpleasant smelling vaginal discharge

VAGINAL

- Bleeding between periods, post-menopause/after sex
- Bad-smelling/blood-stained discharge
- Pain during sex
- A vaginal lump
- Persistent vaginal itch

DID YOU KNOW?

78% of British women are unaware that there are in fact five gynaecological cancers: ovarian, cervical, uterine (womb), vaginal and vulval

VULVAL

- A lasting itch
- Pain or soreness
- Thickened, raised, red, white or dark patches of the skin of the vulva
- Lump on the vulva

LADY
GARDEN

The Lady Garden Foundation is a National Women's Health Charity, founded in 2014, funding life-saving research, treatment and driving education and awareness of the 5 gynaecological cancers. Scan the QR code to visit our website:

